



8:30-9:00 Welcome/ NCA Business meeting

9:00-9:50 Keynote #1

When Healing Looks Strange: Creativity in Addiction Treatment

Dr. Tina Chasek, LIMHP, LADC, NCC

What if recovery doesn't fit the 12 step model? What if my client wants to try things that seem strange? What if I want to try something new in my practice? The truth is not all people recover in the same way. There are also many new treatment ideas and techniques that are on the horizon. This presentation will present some of the newer and more unusual ideas for addiction recovery. Some of them will blow your mind-Guaranteed!

10:00-10:50 Breakout #1

Healthy Human Relationships

Dr. David Hof, LIMHP

Dr. Hof will present Dennis Dailey's Model of healthy human relationships to include areas of sensuality, intimacy, sexual identity, sexual health, and sexualization. In a time when Covid-19 is significantly impacting relationships, he will help participants to review their understanding of what makes a healthy relationship and he will provide a model and direction as to how to work with others that are struggling with the health of their relationships.

Healing from Trauma

Jody Trejo, LIMHP

The Healing of Trauma Through an Embodied Integrative Process

11:00-11:50 Breakout #2

Understanding and Responding to the Behaviors of Children through an Attachment Lens

Debra Wesselmann, MS, LIMHP

The field of attachment provides a deeper lens through which we can all understand challenging behaviors in children and adolescents. Early relationship experiences lead to beliefs about others, self, and the world that directly impacts children's capacity to develop healthy, trusting relationships with parents, teachers, or friends or cope in healthy ways with day-to-day life. By looking beneath their behaviors, we can have an impact on children's ability to trust, connect, and cope.

Multicultural Counseling Competencies

Aimee Hicks, PhD Candidate, MS, APC, NCC, MAC

This multicultural workshop will provide a review of the CACREP professional counseling identity social and cultural diversity standards and how to apply them in clinical practice.

12:00-1:00 Lunch Break

1:00-2:00 Breakout #3

Addressing Depression, Shame, & Suicide - Best Practices for Working with LGBTQ Clients

Dr. Jeff Peterson, PhD, IMHP, LMHC, LPC

Description: Attendees will learn practical ways for reducing or eliminating sexual and gender identity microaggressions in healthcare settings, as well as how to provide better care to LGBTQ minorities overall.

Reaching the Unreachable: Working with At-Risk Adolescents

Lauren Bush LIMHP, Becca Moore, LIMHP, PLADC, NCC, CCMHC,

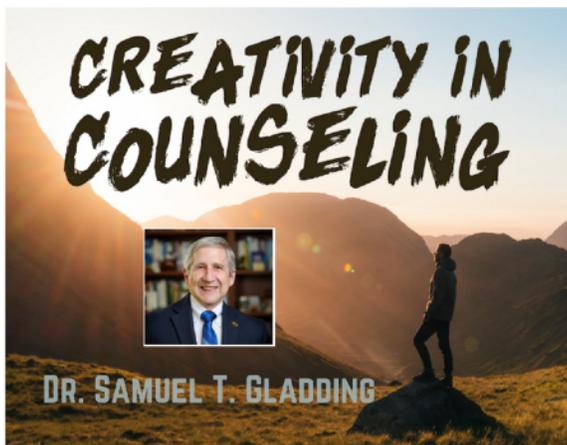
Sarah Schroeder, M.S. Clinical Mental Health Counseling

School Based Mental Health Professionals discuss how to identify and work with at-risk adolescents and utilize Cognitive Behavioral Strategies to address underlying mental health issues.

2:00-3:00 Keynote #2

Dr. Samuel Gladding

Creativity in Counseling



NECOUNSELING.ORG

The Nebraska Counseling Association Presents...

HOPE & HEALING

October 9
VIRTUAL CONFERENCE
with DR. TINA CHASEK

\$30 MEMBERS \$20 STUDENT MEMBERS \$80 NON-MEMBERS

\$10 SAVINGS if you become a member
<https://www.necounseling.org/Join>

